People Power: Maximize Your Potential with the DNA Principles

THE IOM (INSIDE-OUTSIDE MIND) MODEL™

HEALTH
HOME
FAMILY
PARTNER
SPIRITUAL

OUTSIDE

CAREER
WEALTH
SOCIAL
RECREATION
WISDOM

RANDOM POPPING

LEFT **BRAIN**

SUPER BRAIN

~~CHOICE~~ **INSIDE** CHOICE

SUPER BRAIN

RIGHT *BRAIN*

CONTROL OR INFLUENCED

Environment

1: _____
2: _____
3: _____
4: _____
5: _____
6: _____

OUTSIDE

Maximize Potential

D _____
N _____
A _____

"IT DOESN'T MATTER WHAT HAPPENS ON THE OUTSIDE OF YOUR LIFE, WHAT MATTERS MOST IS, WHAT'S GOING ON, IN THE INSIDE OF YOUR LIFE!"

Reg Athwal

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