

## To Be Human by Reg Athwal

Reproduced from #1 bestseller Wake Up...Live the Life You Love series

Co-authored with Steve E, Mark Victor Hansen, Robert Allen and Dr. Wayne Dyer

It can take years for people to realize their purposes on this planet. When the breakthrough happens, it is because the right questions are asked. What are my God-given talents? What do I love to do? What can I create? Who am I and what can I become? Once these questions are answered, boom! Their lives change in a heartbeat. So why did it have to take so long?

When I was 19 years-old, I addressed an audience of 3,000 sales representatives. My raw, non-rehearsed style impressed many, and the response was phenomenal. People were convinced that I was a seasoned public speaker. I remember moving around the stage with the words flowing out with passion and energy. The message filled the room, bouncing from person to person, gathering momentum, and picking up the audience's emotions and excitement along the way. It felt amazing, but from where had this intensity emerged? I couldn't fathom how that magical feeling of enlightenment turned into 10 years of my life. My ability to speak presented itself in small doses, disguised in different outfits, but I kept ignoring the signs. Sound familiar?

The feeling is amazing when the gates are opened. In a moment of enlightened illumination, I found my purpose for being on this planet. It happened to me in the midst of a business break-up. My life was filled with chaos and tremendous dissatisfaction. During this time, I made a decision to become a professional speaker who would educate, inspire and empower people to turn their undiscovered talents and potential into reality. My life's purpose was suddenly born and was to be expressed through my natural speaking abilities.

Fortunately, I discovered my purpose near my thirtieth birthday. Looking around, I see people who are still ignoring the signs, the messages from the universal spirit, the constant tapping in the mind that is saying "Hey you! Yes, you. Are you living the life you really love? Are you expressing your talents or are you living your life for someone else? Living the life of fear?" The tapping persists and once it gets through, the new message is "Yes! Go on, jump! You can do it, don't fear anymore! I'll support you. Live your dreams! Become the artist, the instructor, the speaker, the entertainer, the joker, the inventor, the musician, the writer, the singer, the celebrity, the traveler, the lover, the parent, the designer, or the healer. Stop pretending to be someone else and be who you really are!"

We enter this world with nothing and leave with nothing. The journey in between is meant to be wonderful, full of creation, joy, growth, love, contribution, discovery, energy, possibility, adventure, purpose, and life. Our lives must consist of this for us to be content. Remove controlling egos, negative beliefs, physical features, possessions. What do we really have left? We have each other as mankind, all the wonderful aspects that make up nature, our senses, our thoughts, our energies, our silence, and our collective consciousness.

What is it to be human? It is to rediscover these basic principles, to appreciate them, and to live the life we love.

"To be human is to fully exist like the sun.  
Energy is flowing in motions of learning and ready for fun.  
Make up your mind to be a part of this journey.  
A path of rediscovery and creation is yearning."

Copyright 2003, Reg Athwal. All rights reserved.